

Evolutionary Progressions

On this page are 100 3-step evolutionary progressions. Read through each of these and fill in the box, diamond, or circle that precedes the 'level' that you are at in each of the 100 areas of life. If the progression does not apply to you, fill in the circle. If you are not sure what a term means, move left until you find a term that you are clear on, and fill in that box or diamond (and, ask your coach). Then, add up your total 'score.' A box is 1 point, a diamond is worth 2 points, and a circle will give you 3 points. Maximum points are 300. Anything above 200 points is very good. Over 250 — Excellent! Check back monthly to update your score. Totally confused? Visit personalevolution.com.

- relief > freedom > absence of
- appreciation > gratitude > acceptance
- do > deliver > accomplish
- idea > expression > art
- accept > integrate > assimilate

- seduction > promotion > attraction
- honest > genuine > authentic
- revenue > passive revenue > automated revenue
- assumptions > beliefs > believe
- pleasure > joy > bliss

- movement > improvement > breakthrough
- sympathy > empathy > caring
- revenue > net profit > cash flow
- initiate > generate > cause
- cognitive > experiential > cellular learning

- morals > ethics > character
- obligation > responsibility > choice
- training > mentoring > coaching
- debate > discuss > collaborate
- vocabulary > language > communication

- end > finish > complete
- attentive > present > connected
- knowledge > awareness > consciousness
- competition > cooperation > cooperation
- discover > synthesize > create

- satisfy > please > delight
- want > commitment > desire
- definition > comparison > distinction
- promise > underpromise > don't promise
- efficient > productive > effective

- integrated > balanced > effortless
- flow > connection > energy
- support > structures > environments
- juggle > balance > equilibrium
- time > space > eternity

- grow > develop > evolve
- change > shift > evolve
- help > assist > expand
- product > service > experience economy
- listen > hear > experience

- course > confidence > fearlessness
- integration > responsiveness > flow
- accept > understand > forgive
- product > brand > franchise
- gratification > satisfaction > fulfillment

- listen > hear > get
- understand > accept > get
- style > refinement > grace
- balance > peace > harmony
- wantingness > deservingness > havingness

know > feel > inkle
 evidence > intuition > inkling
 manage > guide > inspire
 challenged > motivated > inspired
 honesty > responsibility > integrity

interdependent > interdevelopmental > intermagical
 experiment > innovate > invent
 teaching > facilitating > learning
 acquire info > study > learn
 contribution > value added > legacy

competent > expert > master
 competence > expertise > mastery
 content > context > meaning
 idea > opinion > message
 intermediate > advanced > meta level

plan > system > model
 want > focus > occurrence
 expense > investment > opportunity cost
 s.o.p. > m.o. > OS (operating system)
 react > respond > over-respond

position > perspective > paradigm
 network > community > partners
 perfectionism > perfection > perfect
 future > eternity > present
 notion > concept > principle

interesting > intriguing > profound
 decide > choose > respond
 open > flexible > responsive
 egotistical > human > selfish
 ego > humanity > self

search > experiment > serendipity
 symptom > cause > source
 boundaries > requirements > standards
 do > be > state
 assist > empower > strengthen

sufficiency > reserves > super-reserves
 timing > positioning > synchronicity
 plan > strategy > system
 improve > reinvent > transform
 tangible > intangible > transparent

integrated > automated > transparent
 hope > faith > trust
 interpretation > reality > truth
 facts > context > truth
 features > benefits > value

wants > needs > values
 ceo > leader > visionary
 purpose > mission > vision
 \$ reserves > \$ independence > \$ wealth
 information > knowledge > wisdom



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